



Pali Institute 5th Grade Trip:

Information Sheet

Where?	Pali Institute A 74-acre gated facility in Running Springs, CA (in the San Bernardino Mountains) www.PaliInstitute.com; (909) 867-5743
Why are the kids going to Pali?	Two important reasons – to have a valuable, hands-on learning experience; and to enjoy time with their Roosevelt classmates in a new and engaging setting. Pali Institute is an accredited school, and they teach primarily science topics. Check out www.PaliInstitute.com for more specifics, but a few instructor-led activities they discussed at parent information night included: learning about aerodynamics through making paper airplanes; dissecting squid; examining nature; doing experiments with fire; making and setting off rockets from bottles; climbing a really cool ropes course; and many other athletic activities. (Kids are encouraged, but not required to participate in the activities.)
Dates and packing information?	March 21-23, 2018 Students will need to arrive at school from 7:00am on Wednesday, March 21 to check in and board buses. They will return to school around 1:00 pm on Friday, March 23. We will be providing a list of what kids should bring (clothing and bedding) closer to the trip. They will need a heavy winter jacket and snow boots. (Because it may snow, hoodies and sneakers are not appropriate for the mountain conditions and temperatures.) <u>They will not be allowed to bring any technology, such as cell phones, iPhones, iPads, etc. (It's recommended, however, to bring a disposable camera – non-disposables are okay, too, but they may get damaged by snow or rain.)</u>
Payment?	The base price of the trip is \$380. A deposit is due by 11/10/2017 to confirm your child's place and the remainder is due by 1/30/2018. Our preference is that you pay online at www.rooseveltschoolpta.org. Payments can either be in three instalments at \$126.67 or one time full payment. Each child will receive a Pali Institute hoodie when they arrive, and this is included in the price of the trip. There are three options on the website – the base price (\$380); the base price + \$25 (scholarship donation); and the base price +\$50 (scholarship donation). Thank you to those of you who help with scholarships! If you prefer to pay by check, please make it payable to Roosevelt PTA. Please place payments of cash or check in a sealed envelope, marked Palicamp, with your child's name, your contact details and the signed PTA waiver at the front office. A PTA waiver must be signed by every parent on behalf of their child even if payment has been received.
Financial aid?	Any family that can pay for their child will be asked to do so, however no child who wants to go will be left out because of finances. Please email our principal, Lynda Holeva, to discuss scholarship options at lholeva@smmusd.org

Sleeping arrangements?	Last year there were 11 children in a cabin and one Pali instructor. Closer to departure, we accept specify cabin-mate preferences, and will do our best to accommodate requests. Cabins are insulated with heated floors. There are 2-3 bathrooms with showers per cabin. Kids will be sleeping in their own sleeping bags on beds with mattresses.
Food?	Given the amount of activity the kids do throughout the day and evening, Pali provides a high-calorie diet. Kids eat in the dining hall with their cabin group. There is a large array of healthy foods, and they can eat as much as they want. Kids will be required to drink a lot of water due to the high altitude (6,400 feet) of the camp.
Which adults go on the trip?	Three 5 th grade teachers will go on the trip and stay the whole time. Lynda Holeva, our principal, and Debbie Stern, our assistant principal, will also spend time at Pali during the visit. No parent chaperones will be going. A teacher will remain at Roosevelt and teach the kids who do not go on the trip (they will have normal school hours).
Pali staff?	Each Pali instructor and staff member has been thoroughly background-checked by the FBI, and they are all CPR trained. There are two on-site nurses, and several EMTs.
What if my child takes medication or needs medical assistance?	<p>You will be asked to supply detailed information about your child’s health and medications (see Documentation below), and camp nurses will administer medications pursuant to your instructions on this form. If your child is in the infirmary for more than 3 hours, parents are called. The facility is 7 miles from the nearest hospital and 20 miles from the nearest trauma center.</p> <p>All prescription medications MUST be sent in the ORIGINAL prescription bottle, or the nurse will not be able to give them. The camp provides common over-the-counter meds (Tylenol, Advil, Benadryl, etc.), and will refer to the child’s medical form before they administer them.</p>
Documentation?	<p>There are several forms to fill out, such as health information and releases. The easiest way to complete these is on the Pali Institute website. Closer to departure you will receive an email with a link to these forms. If parents do not have access to the Internet, we will provide an alternative way to complete these forms.</p> <p>The health information form is where you’ll designate information about medications your child takes, can take if needed, or cannot take. The camp reviews this form before the kids arrive, and refers to it if any medical issue arises.</p>
Can kids call home?	Only in rare circumstances. Pali instructors are trained to help kids deal with homesickness, and if need be, one of the Roosevelt teachers will be called upon to help. Roosevelt parents will receive an email from Pali letting them know when the kids arrive on Wednesday.
Discipline policy?	Pali has a 3-strike system. First strike--the teachers are told. Second strike--parent is called. Third strike--parent is told to come get kid. They have a no-violence policy; any violation of that, and the kid goes straight home (we’ve been told this is very rare).
Questions?	Contact parent co-chairs: Wendy Colby (wendy.colby@mac.com) or Kimberly Huddle (kimberlyhuddle@gmail.com) . For financial aid, email our principal, Lynda Holeva, at lholeva@smmusd.org.